

2023 Cheer Tryouts (Fall and Competition)

OJR High School Cheerleading Tryouts are tentatively scheduled for **May 22nd & 23rd, 2023 from 4:00-6:00 pm in the Aux Gym**. Tryouts are for all interested athletes in grades 9-12 during the 2023-2024 school year. To indicate your interest in tryouts your Parent MUST complete the tryout interest form (click on the link below).

https://docs.google.com/forms/d/e/1FAIpQLSfd225HOXLYd_ICCugf-r3DZs1LQQQ7MQw-rdi7GS9wi1uhhQ/viewform?usp=sf_link

Both the Competition and Fall Cheerleading teams will be chosen at this time. You MUST cheer on our Fall cheerleading team to be eligible for our Competition team. If you participate in another Fall sport and are concerned about conflicting schedules, please reach out to Coach Jessica at jessdenicola05@gmail.com.

On April 17th and 20th, there will be Open Gym nights from 6:00 - 8:00 pm in the HS Aux Gym. Everyone is welcome, no cheer experience is required. Participants and parents must sign a waiver in order to participate in Open Gym and Tryouts. Below is a link to the waiver.

<https://docs.google.com/document/d/11VL5RInUITKIPqXcsEpWKu0cOAcgQOal/edit?usp=sharing&oid=117712608125883944464&rtpof=true&sd=true>

A pre-season meeting will be held virtually to discuss expectations for tryouts as well as our Varsity, Junior Varsity, and Competition teams. We ask that 1 parent/guardian be in attendance for this meeting in addition to interested athletes. This will be held on Thursday, April 13th from 7-8 pm. A Google Meet Link will be sent to the email addresses provided on the Google interest form.

Athletes are expected to learn a dance, a sideline, and a cheer PRIOR to attending tryouts. This will be evaluated at tryouts.

1. Sideline (click [here](#) for the video)
Words: Cats unite, let's go red, let's go white
2. Dance (click [here](#) for the video)
3. Cheer (click [here](#) for the video)
(click [here](#) for the tutorial video)
Words: Wildcat fans, OJR, and red and white

Below is the expected attire...

Monday, 5/22

White shirt, black shorts, cheer bow, sneakers

Tuesday, 5/23

Red shirt, black or gray shorts, cheer bow, sneakers

Looking forward to our open gym night and meeting many of you at our pre-tryout meeting.

Coach Jess